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| Needs | Solutions |
| Someone sleeping restlessly | Record myself |
| Alarm | Stock audio  <https://www.epidemicsound.com/track/C2rvRKJeYb/> |
| Turning off alarm | Stock audio  <https://www.epidemicsound.com/track/NpAWsAbfWt/> |
| Footsteps | Stock audio  <https://www.epidemicsound.com/track/Ppqlwz4E5u/> |
| Making coffee (fade out) | Record myself |
| Sip of coffee | Stock audio  <https://www.epidemicsound.com/track/A3BhCBWfPw/> |
| Put mug down | Stock audio  <https://www.epidemicsound.com/track/XMsIZn5cNv/> |
| Footsteps | Stock audio  <https://www.epidemicsound.com/track/Ppqlwz4E5u/> |
| Sit in desk chair | Stock audio  <https://www.epidemicsound.com/track/TS45jhIyZ5/> |
| Turn on lamp | Stock audio  <https://www.epidemicsound.com/track/XGqkbYq2pI/> |
| Flipping through textbook pages | Record audio |
| Taking quick notes | Record audio |
| Packing backpack | Record audio |
| Footsteps | Record audio |
| Lock dock | Record audio |
| Walk to class | Record audio |
| Open doors | Stock audio |
| People talking (fade out and fade back in) | Stock audio |
| Handing out papers | Stock audio |
| Deep breathe | Stock audio |
| Flip paper | Stock audio |
| Start writing | Stock audio |

In this preview I am sharing the beginning of my audio narrative. I am allowing sounds rather than dialogue to tell my story. I had originally planned on recording more of it myself, but I found numerous stock audio recordings that capture the sounds, feelings, and emotions I want to portray. I start with recorded audio of restless sleeping that is interrupted by a harsh repetitive alarm. The quick transition I implemented between the sounds of the alarm and walking to get coffee was purposeful. It is common for students to sacrifice good sleep to do more work. Therefore, most turn to caffeine to squeeze more hours into the day. This harmful cycle repeats itself and can even get more extreme when students are under pressure to excel on an exam, homework assignment, or presentation. I wanted to highlight how essential caffeine can feel when a long day of work is ahead. The alarm buzzer, tap, and footsteps I found on Epidemic Sound. I plan to incorporate some effects in the future; for example, I want the sound of the coffee brewing to fade out and overlap with the sip of coffee. My challenge for this assignment will be to get the listener to feel the stress of the student without any words. I will add sounds to represent a student cramming some last minute studying before an early exam. Hopefully pens tapping, quick page flips, and shuffling to get out the door on time, will portray feelings of anxiety. Another challenge I anticipate facing is showing the passing of time within a single setting. The time limit for this assignment hinders my ability to accurately represent the amount of time it would take for a student to wake up, have coffee, study, walk to class, wait for the proctor, and begin the exam. Therefore, I plan to fade out from the same background track back to itself as Dr. Miller suggested. If anyone has any advice or insight into other ways I can overcome the challenges I expressed, I'd love to hear it!